

“Dirty Chai” Sugar Scrub

This recipe uses a “traditional” mix of chai spice herbs, however it can be made with any of the herbs from the list that you have available in your cabinets.



INGREDIENTS

1/2 cup sugar
25ml oil
1 tsp ground coffee
1/2 tsp each of
cinnamon, nutmeg,
clove, cardamom, anise,
allspice

DIRECTIONS

- Mix until combined & all clumps are broken and incorporated.

