

SHELF LIFE

of herbal preparations

Tinctures

*1-3 yrs
with high proof
alcohol*

Salves

6 months- 2 yrs

Oxymels

6-12 months

Infused Oil

1-6 months

Infused Honey

12 months

Hydrosols

1-2 yrs

Syrups

*1 yr with alcohol
1-2 weeks without*

Dry Herbs

1-2 yrs

Ask yourself...

Are there signs of mold in my infused honeys or other topicals, like salves and creams?

Are there floating materials in my tinctures, oxymels, or infused oils?

Have my salves separated? Is there a grainy appearance?

Does the remedy look and smell the same as when I made it? Does it smell sour or off in any way?

DO NOT consume any herbal remedies with the signs above, they have expired.